Signder Ginger Beer Brusseis Sprouts Siaw

- ¼ cup Islander Ginger Beer
- · 2 Tbsp. sesame oil
- 1 tsp organic sugar
- Zest of 2 limes
- 15-20 Brussels Sprouts, shredded
- 1 red bell pepper, thinly sliced into matchsticks
- 2 organic carrots, shredded
- 2 green onions, thinly sliced
- 1 jalapeno, seeded and chopped

Sea salt to taste
 Whisk together Islander Ginger Beer, sesame oil, sugar and lime zest. Add
the shredded Brussels sprouts, bell pepper, carrot, green onions, and
jalapeño. Toss together. Season with sea salt to taste. Allow to stand an
hour or so before serving.





Recipe by Culinary Expert, Heidi Billotto: HeidiBillottoFood.com Read more about Islander Ginger Beer at CharlotteLivingMagazine.com